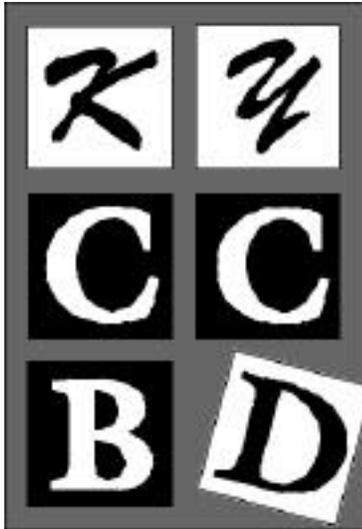


# The Newsletter of the Kentucky Council for Children with Behavioral Disorders



## President's Message

Bill Rigney

Instead of a "WELCOME" to everyone from your new president, I want to extend a warm "THANK YOU" to all KYCCBD members across the state.

Without your support and

assistance, those of us on the Executive Committee, myself included, would certainly have a tough job performing our assigned tasks for the past year.

Since becoming involved with KYCCBD in a significant way in 1994, I have had the privilege to see our organization double in size, become adept at hosting a major institute, working together, networking with everyone across the state, and just plain having fun socializing with each other.

I think these accomplishments speak for themselves in that they were all made possible because KYCCBD continues to grow in membership, that there were members in our organization continue to care about providing meaningful service to our special kids and that through much hard work and sharing, we are becoming more like a large family with every day that passes. We now have KYCCBD members, Regional Representatives, and Executive

Board members in all areas of the state. Teachers and service providers needing support are probably only a few minutes or a local phone call away from someone in our organization who understands our challenging kids (at least, they'll know what our "acronyms" mean).

Let's get out there again this year and move forward in all areas once more. With the support and help of everyone, KYCCBD will become be even better prepared to meet the challenges that always present themselves in our challenging line of work. Continuing our successes of the past few years will bring about a number of things: (1) Throughout this school year, the dividends will be even greater for our students, teachers and other service providers. (2) Next summer, the "Big Bash" will be even better! (3) In the not so distant future, maybe, just maybe, perhaps even tomorrow, YOU may "make a difference" for just ONE child! Just think what a success that would be!!

Once again, "Thank You" to all the members of KYCCBD for being there for everyone. You can and should be very proud to call yourself as a member of KYCCBD! I am certainly honored to be your president.

## **Sample Procedural Guidelines for Conducting a Functional Behavioral**

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## Assessment

(Adapted by Dr. Dana L. Harader from Bowling Green Independent Schools document, Mark Tooley, School Psychologist)

### WHAT IS A FUNCTIONAL BEHAVIORAL ASSESSMENT?

A functional behavioral assessment (FBA) is a process that seeks to identify problem behavior(s) a student exhibits within educational environments. The FBA can assist school personnel in (a) determining the “function” or “purpose” of the behavior(s), (b) identifying psychological and environmental factors that maintain the behavior(s), and (c) developing interventions that will teach behavioral alternatives and increase the likelihood of their occurrence within educational environments.

### WHAT IS THE PURPOSE AND RATIONALE OF A FUNCTIONAL BEHAVIORAL ASSESSMENT?

The purpose of the FBA is one of support and structure. The FBA facilitates opportunities for education personnel to acquire resource and instructional assistance. This support empowers education personnel and provides a proactive structure from which meaningful instruction can occur. In addition, the FBA assures that all is being done to provide students with the most appropriate education opportunities available.

### WHO DOES THE FUNCTIONAL BEHAVIORAL ASSESSMENT(S)?

A number of individuals are involved with the FBA. Each individual will be considered a member of the Functional Behavioral Assessment Team. This team should consist of no less than the following:

- Building Principal
- Student’s special and regular education teachers
- School Psychologist

Additional members of this team may include the following:

- Special Education Director
- Guidance Counselor(s)
- Parent/Guardian

- Community Agency Staff

The following is a breakdown of responsibilities that should be assigned:

#### Building Principal

- Identifies when the FBA is needed according to guidelines,
- Provides educators with necessary data collection forms to assist in referral process.
- Sends all data to the appropriate individual(s).
- Assists in the coordination, collection, review, and analysis of student data.
- Assists in the development in implementation of interventions as established by the FBA team.

#### Educators

- Provide additional data appropriate to the student behavioral concern(s).
- Assist in the collection, review, and analysis of student data.
- Assist in the development and implementation of interventions as established by the FBA team.

#### School Psychologist

- Assists in the development of interventions with the FBA team.
- Provides necessary resource for student, parents, and educational personnel.
- Compiles appropriate data and write the FBA report.
- Reviews the findings of the FBA with appropriate individuals.

#### Additional Members

These persons can provide additional information and assistance throughout the FBA process, as deemed needed by the FBA team.

### HOW IS A FUNCTIONAL BEHAVIORAL ASSESSMENT COMPLETED?

There are a number of basic steps for completing the FBA. A designated member of the FBA Team will coordinate these steps with assistance from other team members and educational/ support staff as needed. The following steps can be used in the completion for the FBA.

### Step 1 - Identify the target behavior based on historical information

- Conduct interviews, archival record reviews, and observations across settings
- Determine what others have tried in the past
- Create an observable and measurable definition of the problem behavior(s)

### Step 2 - ABC analysis: identify predictors of student behavior

- Observe student in all relevant setting/contexts using the ABC format
- Identify predictable antecedent-behavior-consequence chains
- Consider predictors that occur in environments other than the problem setting(s)

### Step 3 - Develop hypothesis (testable explanation) regarding student behavior(s)

- Develop hypothesis regarding problem behavior sequence(s) based on ABC
- Hypothesis should predict problem behavior(s)
- Be certain that predictors (antecedents/consequences) are observable and under your control

### Step 4 - Test hypothesis by manipulating predictor variables and observing outcomes

- Systematically manipulate (present and withdraw) identified predictor(s)
- Hold all other conditions as stable as possible
- Collect data on target behavior in presence/absence of predictor(s)

### Step 5 - Confirm or revise hypothesis

## Behavioral Issues and the Internet

By Donna Meers

The job of teaching or working with children who display challenging behaviors can be frustrating. Often we do not have the opportunity to interact with other teachers or professionals in the field. This lack of opportunity to discuss problems, share success stories, or just be with people who understand can feel isolating. Fortunately, on a happier note, the Internet is one medium that may ease these feelings.

The Internet or, more specifically, the World Wide Web (Web) can be a valuable resource. Unfortunately, many of us haven't realized its potential. As a result, the following list of resources is provided to get you started!

### **KY-CCBD Web Site**

About a year ago, a Web site was developed for KY-CCBD. The purpose of this Web site is to provide a place for other members or potential members to gain access to information concerning our subdivision. The page includes topics such as messages from our president, list of regional representatives, list of board members, membership information, and other links of interest. The Internet address to this site is:

<http://sac.uky.edu/~cjliu0/kyccbd/home.html>.

### **Behavior Homepage**

The Behavior Homepage is a Web site collaboratively developed by the Kentucky Department of Education, Division of Special Services, and the University of Kentucky, Department of Special Education and Rehabilitation Counseling. This site was developed to support practitioners who work with children who exhibit challenging behaviors. To date, this site has recorded over 28,000 visitors from the United States and Abroad.

The Behavior Homepage contains valuable information regarding behavioral issues. This site contains topics such as interactivity, behavioral interventions, links to other information, conferences, consultation, and legal information. This Web site has recently added an additional "Discussion Forum" for visitors to ask questions, post responses, or just "lurk" to find answers. Several persons have asked for help and outside users have responded with valuable tips or links to helpful materials. You are encouraged to visit this area and participate in the discussion! The Internet address to this site is:

<http://www.state.ky.us/agencies/behave/homepage.html>

## Center for Effective Collaboration and Practice

The purpose of this Web page is to support and to promote a reoriented national preparedness to foster the development, achievement, and adjustment of children with or at-risk of developing serious emotional disturbance. This site provides information about the center, center resources, wonderful and informative papers on issues related to behavior, ask an expert discussions, and links to other resources. The Internet address to this site is:

<http://www.air-dc.org/cecp/cecp.html>

## Council for Exceptional Children

This Web site provides special educators with information about the organization, mini libraries on topics useful to practitioners, lists of recommended journals, books, and media, membership information, professional development events, and professional standards regarding special education. Recently, a discussion forum, for CEC members only, was added to share effective practices. The Internet address to this site is:

<http://www.cec.sped.org/home.html>

## FOCUS AFTERSCHOOL PROGRAM

By LaNell Taylor

FOCUS is a twelve-week intensive treatment program for elementary aged children who are diagnosed with ADHD and/or Oppositional Defiant Disorder and serves the Franklin County area. This program is one of several afterschool programs operated by the Bluegrass Comprehensive Care Centers.

Teachers, school counselors, school administrators, and therapists at the Comprehensive Care Center outpatient clinic, Department of Social Services, and parents who have heard about our program from other parents refer children to FOCUS. There is a fee for services and fees are paid by Medicaid, Insurance, Department of Mental Health state dollars, and self-pay on a sliding fee scale.

The children receive 4 1/2 hours of group therapy each week. Group sessions operate on a token economy system of behavior management and the children respond very well to that structure. During three hours of the group therapy the children focus on learning how to handle their anger. Members are taught how to identify their anger, calm themselves, think about consequences if they act on their anger inappropriately, how to talk to someone they are angry with and how to get over their anger. Group members use role-play with puppets, and art activities to practice their skills and to express themselves. Through out group sessions appropriate social skills and problem solving are taught and reinforced

Parents must be a part of the treatment process in order to obtain the most effective outcomes. Parents are required to participate in the program by attending 12 weekly sessions of "parent group". In this group the parents learn why their children misbehave and strategies to decrease defiance and other problem behaviors. This has been a very exciting new addition to the program.

Individual family sessions had previously been scheduled at our office. Home visits were also scheduled to assist the parents in addressing behavior problems at home. The FOCUS staff felt they were not able to devote the hours needed to

assist families in making the changes they needed to make. It was discovered that the same issues were being addressed with each family individually and this was not very time efficient or effective. Through the FOCUS Afterschool Program, parents have been able to help and encourage each other during this group process.

Many parents have expressed the feeling that they were the only ones who had children who behaved this way. One parent thought her child was just a "bad" child and another blamed herself for all of her child's problems. One parent encouraged another to not continue to blame herself but move on and work to make things better, while another parent gave tips on how to put structure and organization into everyday life. FOCUS is eight weeks into the first twelve-week session and parents are already sharing their successes with each other.

While the parents are in their group, the children and their siblings are in a 1-1/2 hour group where cooperation and communication are the focus of treatment. The children and their siblings are educated about ADHD and medication. During this group they have time to practice their skills through structured cooperative play. A token economy is also used with this group.

In addition to the group therapy staff consult with school staff to assist them in addressing emotional and behavioral problems at school. Each child is seen for individual therapy at school, as needed, to address all issues of concern.

We are very excited about the changes we have made this year and believe we are providing the children and their families a program that better meets their needs.

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KYCCBD would like to give a warm welcome to our newest Regional Representative! During the Summer Behavior Institute, Marsha Ingram agreed to represent Region 3. Marsha has been an EBD teacher for six years. Her first three years were in a primary EBD unit at Medora Elementary School in Jefferson County. Her fourth year of teaching was with 4th and 5th graders at Waller Environmental School. For the past two years, she is back with the primary students she loves at the newly re-

named Waller-Williams Environmental School. If you live in Region 3, please stay in touch with Marsha. She will bring ideas and concerns to the KYCCBD Executive Board and she brings the most recent news back home to you.

Thanks, Marsha, and WELCOME!

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## Mini-Grants

We are planning to award at least **eight** mini-grants this year!!! That's one per region. Interested? Send in your application as soon as possible. GOOD LUCK!

### KYCCBD MINI-GRANT CRITERIA

1. You must be a KYCCBD member. (Preference is given to those who have been a member for at least one year.)
2. Funds are earmarked for students identified as EBD and/or the parents of such students.
3. Proposal goals must address academic and/or social skill development.
4. Objectives must be stated with clarity.
5. Proposals should clearly and concisely summarize the request.
6. Proposals should present a reasonable scope of activities that can be conducted with the resources budgets or it should outline how additional funds will be generated.
7. The proposal must be signed, dated, and postmarked by the set deadline.
8. The applicant cannot have been the recipient of a prior KYCCBD mini-grant in the previous year.

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### KYCCBD MINI-GRANT APPLICATION FOR 1996-97

NAME \_\_\_\_\_

KYCCBD # \_\_\_\_\_

ADDRESS \_\_\_\_\_

TELEPHONE \_\_\_\_\_

POSITION \_\_\_\_\_

DISTRICT/KERA REGION NUMBER \_\_\_\_\_

AGE OF STUDENTS SERVED \_\_\_\_\_

TYPE OF

CLASSROOM \_\_\_\_\_

I understand that if awarded the mini-grant, I will submit a brief written report concerning its use to the KYCCBD Board along with receipts verifying the use of funds as proposed. Projects implemented with the help of KYCCBD funds will be highlighted in the KYCCBD

Newsletter and in the KYCCBD membership display at the EBD Summer Institute.

Signature	Date
Include a brief description (100-150 words) of the proposed use of funds including outcomes/objectives, population served, and the manner in which additional funds (if needed) would be generated.	

Mail to:

Barb Ungvary 151 S. Locust Hill Dr. #705 Lexington, KY 40517	Gerri Fletcher 980 Jerrico Rd. Russell Springs, KY 42642
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## UPCOMING DATES TO REMEMBER

### International CCBD Forum

Theme: Development of Behavioral Intervention  
Plans and Supports: Changing Roles and  
Responsibilities

February 19-20, 1999  
Holiday Inn Downtown-Superdome  
New Orleans, LA

Contact: Dr. Lyndal Bullock, (817) 565-3583  
University of North Texas  
P.O. Box 310860  
Denton, Texas 76203-0860

## KYCCBD Executive Board

(\*) Indicates voting members

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W (606) 257-7764

### VICE PRESIDENT\*

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### HISTORIAN

**Patricia Wilson**  
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H (606) 866-6943  
W (606) 679-1574

### Regional Representatives

#### Region 1

Vacant

#### Region 2

**Mary Ellen Simmons**  
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Franklin, KY 42134  
(502) 586-8493

#### Region 3

**Marsha Ingram**  
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Louisville, KY 40258  
(502) 937-9377

#### Region 4

**Diane Sketch**  
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Covington, KY 41015  
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#### Region 5

**JansJe Huyck**  
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#### Region 6 (Temporary)

**Gerri Fletcher**  
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Russell Springs, KY 42642  
(502) 866-6609

#### Region 7

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(606) 286-6314

#### Region 8

**Kathy Rigney**  
P.O. Box 119  
Hazard, KY 41072  
(606) 251-3360

"KUDOS to KYCCBD"

## The International Adolescent Conference 1998

By Bill Rigney

On September 23-26, 1998, the Behavioral Institute for Children and Adolescents presented "The International Adolescent Conference - Programming for the Needs of Adolescents with Behavioral Disorders IX in Bethesda, Maryland. As president of KYCCBD for 1998-99, I was privileged and honored to attend and represent KYCCBD at the annual CCBD Sub-Division meetings being conducted at this conference.

The mission of the conference was to better provide a transdisciplinary means for persons representing different agencies, professions and organizations to share information, advocate for the needs of troubled youth and provide more effective services throughout the realm of education of these youths. (Quite, a mouthful, huh?) Many exciting and helpful sessions were presented for the benefit of those in attendance, I know that I gleaned a lot of valuable information that will be beneficial to my endeavors to help troubled kids. This was truly a rewarding experience for me and I feel honored to have been able to attend as a KYCCBD representative.

Now for the "fun" part of attending a National CCBD conference. Once again, as at the National CEC Conference, Kentucky was the "Talk of the Nation" as well as a number of Canadian provinces. We continue to be the "**#1 Subdivision of CCBD**". This "talk" took place at the Subdivision Presidents' Meeting on Saturday night and Sunday morning where all subdivision presidents report on the current status of their individual state subdivisions.

Our Summer Behavior Institute has become widely recognized across the United States and Canada as model program that provides excellent training and networking for those involved in the education of kids who are tough to deal with in the school setting. This means of getting the message and training out to so many left many other states wanting information on how to best accomplish this same feat in their own areas. Of course, I was happy to report the fact that we continue to strive

for excellence in Kentucky and further reported that our joint effort with KDE to achieve our goals is the mainstay of our success.

In addition to the training and networking, notice was also made that total membership in KYCCBD has doubled since 1994 (Making us the 14th largest subdivisions in CCBD). Not all subdivisions are experiencing the success we have had; some state subdivision chapters have had to combine with other states in their region in order to continue as a regional subdivision. This is due to lack of a membership that is as involved as Kentucky's outstanding members have proven to be.

We should all be proud of our work and the way we are moving forward. I'll do my best to share more information on the national conference, regional notes of interest and statewide programs and accomplishments with everyone in the forthcoming newsletters of 1998-99.

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### Needed: Two Tireless Workers

If you have looked at the list of Regional Representatives, which is found on Page 6, you will have noticed that we have two vacancies. We need to have two members, one each from Region 1 and Region 6, to volunteer to help out KYCCBD. The Regional Representatives are a vital link between the Executive Board and the Membership of our organization.

Responsibilities include serving as an advisor to the E-Board, being available to answer questions about the organization, assisting others in your region with difficult behavior situations, and providing a way for the membership to have a voice with the leadership of KYCCBD.

If you are interested in becoming more involved in KYCCBD and would like to know more about our organization, please call Linda Phillips at 606/344-6570 or you can e-mail her at [lphillips@nku.edu](mailto:lphillips@nku.edu).

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Please take this opportunity to help your  
colleagues and become more involved in the **#1**  
**CCBD Sub-Division in the NATION!!**

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Nothing in the world can take the  
place of persistence. Talent will not;  
nothing is more common than  
unsuccessful men with talent.  
Genius will not; unrewarded genius  
is almost a proverb. Education will  
not; the world is full of educated  
failures. Persistence and  
determination alone are omnipotent.  
*Calvin Coolidge*

We make every attempt to be sure that every member of KYCCBD gets a newsletter. If you or someone you know did not receive a newsletter (obviously you heard about it from someone), PLEASE contact Susan Isaacs or Alan Siegel and we will make sure you get one sent to you. Thanks.

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Hear YE!

hear ye!

hear ye!

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There will be a meeting of the executive board at the November cec conference in Louisville. Tuesday at 4:30; location to posted on the message board.

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If you are in attendance at the November cec conference, be sure and attend the kyccbd general meeting.  
Please consult the conference program for time and place.

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Alan Siegel/Susan Isaacs  
c/o Fayette County Public Schools  
Dept. of Special and Alternative Programs  
701 East Main Street  
Lexington, KY 40502

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