

The Newsletter of the *Kentucky Council for Children with Behavioral Disorders*



KY-CCBD Executive Board Establishes a Membership Drive

For the first 100 NEW MEMBERS to sign-up and pay their CEC dues (\$74.00) at the Summer Institute, KY-CCBD will sponsor the initial cost for joining the CCBD sub-division. This is a

\$22.00 value.

Please let your friends and colleagues know that we want them to be participating members of the #1 Sub-division in CCBD.

Spread the word! Joining CEC and KY-CCBD has just gotten easier and less expensive!

Remember, this is for NEW MEMBERS ONLY who sign up during the Summer Institute. Once you write that check for \$74.00, KY-CCBD will cover the initial cost of joining the CCBD sub-division.

**REMEMBER THAT THIS IS FOR
FIRST TIME, NEW MEMBERS
ONLY.**

President's Message

Bill Rigney

Greetings to all KYCCBD members across the state! Thanks again to all

members for their support and hard work for the benefit of all students with EBD. Only through your combined efforts can we ensure the highest quality of education for our students with special needs.

Happy days are almost here again as this is the time of year when things begin to move rapidly toward the Summer Institute. Development of the program, acquisition of speakers/presenters, and logistical matters all begin to take on a roller coaster effect from the point of view of our planning committees. There never seems to be enough time in the day to complete all areas of planning that need to be done. I really commend our Executive Board and other committee members who take time out of busy personal and professional schedules to work toward making the Institute a success.

Along these lines, I want to remind everyone that we are moving the location of the Summer Institute to the Hyatt Regency Hotel in downtown Louisville this year. As a result of this becoming known to educators across the state, I am getting some questions as to why this move occurred. Many of our former attendees have related that they were quite content with the Radisson Hotel in

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Lexington. KYCCBD was also pleased with the Radisson, but, due to logistical matters, we felt obligated to move to a larger facility for the 1999 Summer Institute. I feel that an explanation of the move for 1999 should be made to those with whom board members have not had personal contact.

Beginning in 1999, we are opening registration to 1,200

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attendees vs. the 800 limit we have maintained for the past few years. This was done because in 1998, we had to turn down in excess of 400 requests to attend the Institute. The Radisson could only accommodate the allotted 800 slots. In order to achieve this increase of 400 attendees and remain in Lexington, we would have had to split our institute between the Radisson and Hyatt Hotels and the Heritage Hall in Lexington. Alas, even that avenue closed as Heritage Hall, the Hyatt and the Radisson will all be engaged in some level of remodeling during the summer of 1999. Since no other facility in Lexington is large enough to accommodate 1,200 people, we had to find a facility that could and would work with us. Therefore, after much discussion and searching across the state, the Hyatt in Louisville received the nod for 1999. A visit to the Hyatt caused many of our worries of changing locations after five years in the same place to disappear. Come on up and join us for the 1999 Summer Institute and you'll have a ball as we "break in" the Hyatt in the ways of EBD! Bigger and Better will be an understatement this year for sure!

In the next newsletter, I'll provide a report on the 1999 Annual CEC Convention in Charlotte, North Carolina on April 14-17, 1999. That should prove to be some interesting reading as national-level conventions usually provide a good forum for interesting reports to members.

Thanks again to all the members of KYCCBD for being there for everyone. Hang in there!

Bill

Behavior Institute '99:

Sponsored by:

Kentucky Council for Children with Behavior Disorders (KY-CCBD) and Kentucky Department of Education

When: June 28, 29, 30, 1999

Where: Hyatt Regency Hotel,
Downtown Louisville

Advance Registration Required by May 15:

1. Registration will be first come - first served, with no automatic slots held. Get registration in ASAP!

2. We have planned official institute registration from March 31st until May 15th. However, if conference capacity is reached prior to May 15th, conference registration will close early. So register as early as possible!
3. The Behavior Institute registration fee is \$100.00 per person (exception: KY-CCBD Members are \$50.00) and must be submitted with each registration form.

Hotel Accommodations: Once registered to attend the Institute, participants are responsible for making their own lodging arrangements.

The Hyatt Regency Hotel (502-587-3434) in Louisville will be the home site for the Institute.

Prior to Tuesday, June 1st, Institute participants will be given reduced rates. Register early as rooms go fast!

Target Audience: Designed for regular and special education teachers, administrators and support personnel (e.g., school counselors, consultants, psychologists, FRYSC personnel) who are interested in preventing discipline problems or responding effectively to behavior problems of individual students which range from mild to severe. In addition, colleagues from mental health, social services, and juvenile justice are encouraged to participate.

Institute Content: Institute includes intervention and programming for: (1) the range of basic behavior problems and general school discipline issues, (2) students at risk of developing emotional-behavioral problems or disabilities and (3) students already labeled EBD. Content areas include early intervention, classroom management, school-wide discipline, violence prevention and response, social competence instruction, alternative school program, interagency collaboration, medication, and legal issues, etc.

Professional/ Development Leadership Credit:

The Behavior Institute will provide certificates of attendance for leadership credit printed with a training number. All PD credit is

arranged through your local school; we will provide verification of attendance.

Behavior Institute '99:

FEATURED SPEAKERS

Allen Mendler:

Nationally recognized speaker, behavior consultant (New York City) and author of Discipline with Dignity, What Do I Do When?, and How to Achieve Discipline with Dignity in the Classroom.

Recently developed As Tough as Necessary: A Discipline with Dignity Approach to Countering Aggression, Hostility and Violence that gives strategies for de-escalating conflicts and avoiding power struggles.

Michael Bulis:

Longitudinal researcher and associate professor at the University of Oregon who specializes in assessment of job-related social skills and development of secondary vocational and transition programs for troubled adolescents and adjudicated youth in schools, alternative programs and community-based settings.

John Maag:

Associate professor at the University of Nebraska who combines his mental health (certified counselor/psychotherapist) and special education experience in the education and treatment of children with emotional and behavioral disorders, and specifically in his workshops on the topic of managing resistance.

Lauretta Buchanan:

A motivational speaker who was a master teacher in Texas for 25 years. Workshops explore practical strategies for motivation and classroom management that support general education classroom instruction and help teachers

effectively reach and teach students with teaming and behavior problems.

Mitchell Yell:

Professor at the University of South Carolina, whose expertise includes legal issues related to discipline. He will review and interpret recent legislation (IDEA '97) and regulations regarding discipline.

The archer strikes the target, partly by pulling, partly by letting go.

Union County Schools Behavior Retreat By Dr. Dana (Harader)

Twelve members of the Union County School system attended the three day Behavior Institute sponsored by the Council for Children with Behavioral Disorders and the Kentucky Department of Education held in Lexington on June 28 - July 2. The recent increase in discipline problems and violence throughout our nation's schools today have made school systems everywhere re-address the issue of school safety. While there, the committee from Union County also attended a special two day retreat with the purpose of developing a countywide behavior project and to create a successful environment for those students within the program. Members of the retreat worked many hours brainstorming ideas and developing a plan of action to incorporate in Union County during the upcoming school year.

The Union County staff attending the Institute and Retreat included: Joan Teeters, Director of Special Projects; principals- A.Y. Hodge (Union County High School), Charles M. Woodward (Union County Middle School), Jerry Thurman (Sturgis Elementary School), and assistant principal, George Davidson (Union County Middle School); evaluation team members, Lillian Thomas and Carol Dyer; counselor, Curtis Sanders (Morganfield Elementary School); teaming specialists – Laura Shields and Toni Brantley (Morganfield Elementary School), Eicsia Crook (Uniontown Elementary School); and Cathy McGregor, Special Education Chairperson from Union County High School.

Dr. Dana Harader, Behavior Consultant from the West Kentucky Cooperative - Diagnostic Center,

and Cheryl Dunn, Educational Consultant, also from WKEDC, were working guests of the retreat. Dr. Harader was a presenter at the Behavior Institute as well. Mike Waford of the Kentucky Department of Education spoke to the retreat members during one of their nightly organizational sessions.

Retreat participants worked on various committees to maximize time and expertise. The retreat resulted in recommendations for a proactive approach regarding behavior management, new guidelines for social skill instruction, collaborative teaching techniques, and alternatives to suspensions and/or expulsions. Further recommendations included a more positive instructional discipline approach designed to prevent or intervene early in student patterns of misbehavior. Other recommendations included renaming the EBD programs to reflect the new positive approach.

Retreat participants feel prevention and early intervention are still our best hope toward building positive programs that will give our students real alternatives to violence and misbehavior. Union County is making a conscientious effort to develop a strong behavior management program dedicated to the individual needs of students. After all, the students of today are our most valuable asset and will be the leaders of tomorrow.

REEVALUATING OUR PROGRAMS

By Donna Meers

With the spring quickly approaching, it's a perfect time to take a step back and reevaluate our programs. After the spring break (as at other extended breaks in the school calendar), we often have to re-teach our expectations to students. It is similar to starting the school year all over again.

Given that, I propose that this is a perfect opportunity to reevaluate our classroom structure and our individual behavior management programs. Now we can determine that if we didn't get it right in the beginning of the year, we have an opportunity to make it more effective.

STRUCTURE

First, we should look at the overall structure of our classroom. This includes classroom rules, daily schedule, and physical arrangement.

Do we have classroom rules that positively state what we expect students' to do, or do our rules focus on what we do not want our students' to do? If the later is true, we need to reevaluate and redesign our rules. For instance, select few rules that are positively stated, post them in several areas of the classroom, and actively teach those expectations.

In addition, we must determine what the consequences are for following, and not following the rules. Teach the expectations and be consistent in applying the consequences (i.e., for following and not following the rules).

Do we have a consistent schedule that outlines the activities of the day? If not, we should.

Providing a schedule of daily activities is crucial to providing structure in the classroom. I've had several opportunities to visit pre-school classrooms and one component that has been consistent across each setting is a clearly written and posted schedule. Each schedule was posted with times delineated for each activity. For some reason, we forget that this component is still important as children enter the public school environment. Yes, it is true that our schedules are typically not as consistent as those in pre-school, but we do have a basic idea of what subject areas we will teach and when they will be taught. Hence, we should document our schedule, post it in the classroom and teach it to our students.

The classroom arrangement is an important component of structure. Even though our space is often limited, we still need to plan for walkways to allow teacher movement throughout the classroom, ensure a clear view of all students, and provide areas for small, large, and individual group activities. Like the rules and the daily schedule, expectations regarding this arrangement also must be taught.

BEHAVIOR MANAGEMENT PLANS

In addition to the reevaluation of our classroom structure, we must take a look at our ability to identify, assess, and evaluate student academic and social behavior deficits. Our students' deficits must be identified and a plan must be

developed to increase those targeted skills. The following steps may be helpful.

1. Identify the behavior (academic or social) to be charted.
2. Determine an alternate behavior or what you want the student to do.
3. Determine if the student knows how to perform the alternate behavior, or if it needs to be taught.
4. Design an intervention to increase the behavior or to teach the new skill.
5. Evaluate the effectiveness of that intervention.
6. Make changes as necessary.

These steps sound easy, but we all know how hard it is to accurately complete. Although, if correctly followed, we will see a more permanent change in student behavior (academic and social). The permanent results are well worth the time and effort. So, let's give it a try!

In conclusion, with spring approaching, let's make an effort to reevaluate our structure and behavior management plans in our classroom. Let's make positive changes and teach those changes to our students' after they return from winter break. If we give it some time, I bet we'll be happy that we did!

**CHAMPs: A Proactive and Positive Approach to Classroom Management
By Donna Meers**

Well, Randall Sprick and others have done it again! CHAMPs is the next "must have" resource for teachers.

Sprick, Garrison, and Howard (1998) have arranged another wonderful resource that is both teacher friendly and well organized. This resource is arranged in modular form with identified tasks specified at the beginning of each chapter. Eight modules are broken down into the following categories: (a) vision, (b) organization, (c) expectations, (d) the first month, (e) motivation, (f) monitoring and revision, (g) correction procedures, and (f) class-wide motivation systems.

Ideally, a teacher or other practitioner could work through each module, before the beginning of the school year, to develop an effective and efficient behavior management program for all children.

Each module is broken down into tasks. For instance, Module 2: Organization is broken into seven tasks. Those tasks are: (a) daily schedule, (b) physical space, (c) attention signal, (d) beginning and ending routines, (e) classroom rules, (f) student work, and (g) classroom management plan. As you can see, CHAMPs could be used as a resource at anytime during the year. A teacher or practitioner could identify the area of need and read the module or task to generate ideas or reevaluate their behavior management system.

CHAMPs provides a wealth of information. Written information, visual examples, steps, reproducible data sheets, charts, are included. I would suggest evaluating this resource.

CHAMPs is published by Sopris West, Inc. More information can be found on their Web site (<http://www.sopriswest.com>).

Mini-Grants

We are planning to award at least **eight** mini-grants this year!!! That's one per region. Interested? Send in your application as soon as possible. GOOD LUCK!

KYCCBD MINI-GRANT CRITERIA

1. You must be a KYCCBD member. (Preference is given to those who have been a member for at least one year.)
2. Funds are earmarked for students identified as EBD and/or the parents of such students.
3. Proposal goals must address academic and/or social skill development.
4. Objectives must be stated with clarity.
5. Proposals should clearly and concisely summarize the request.
6. Proposals should present a reasonable scope of activities that can be conducted with the resources budgets or it should outline how additional funds will be generated.

7. The proposal must be signed, dated, and postmarked by the set deadline.
8. The applicant cannot have been the recipient of a prior KYCCBD mini-grant in the previous year.

KYCCBD MINI-GRANT APPLICATION FOR 1996-97

NAME _____

KYCCBD # _____

ADDRESS _____

TELEPHONE _____

POSITION _____

DISTRICT/KERA REGION NUMBER _____

AGE OF STUDENTS SERVED _____

TYPE OF _____

CLASSROOM _____

I understand that if awarded the mini-grant, I will submit a brief written report concerning its use to the KYCCBD Board along with receipts verifying the use of funds as proposed. Projects implemented with the help of KYCCBD funds will be highlighted in the KYCCBD Newsletter and in the KYCCBD membership display at the EBD Summer Institute.

Signature _____

Date _____

Include a brief description (100-150 words) of the proposed use of funds including outcomes/objectives, population served, and the manner in which additional funds (if needed) would be generated.

Mail to:

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EFFORT WITH A CAPITAL "E"

I was impressed several years ago that Eugene Ormandy dislocated a shoulder while leading the Philadelphia Orchestra. I do not know what they were playing. Certainly not Mozart. Perhaps Stravinsky. But at any rate, he was giving all of himself to it! And I have asked myself sadly, "Did I ever dislocate anything, even a necktie?" (Halford Lucock)

CONFIDENTIALITY

Cheri, a first grader, was having trouble adjusting to school. I called her to the office for a chat, confident that years of training in guidance had more than prepared me for this situation. "Cheri, I want to be your friend," I said. I will never tell your mommy or daddy or your teacher anything we talk about if you don't want me to. I want you to know that you can always trust me." With tearful eyes, she looked up at me and replied, "Gee, Mr. Siegel, you're just like my dog."

Congratulations to Laura McCullough!

Laura McCullough been awarded the **Leadership Award** by the Council for Children with Behavioral Disorders this award recognizes a professional who has provided outstanding leadership in the field of behavioral disorders throughout their career!

-- Way to go Laura!!!!!--

We already knew it was true!

We make every attempt to be sure that every member of KYCCBD gets a newsletter. If you or someone you know did not receive a newsletter (obviously you heard about it from someone), PLEASE contact Susan Isaacs or Alan Siegel and we will make sure you get one sent to you. Thanks.

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